We are ready......

**Semolina and blackberry compote**

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**Suggested portion**

**Size for recipe**

1–2 years – 110g

(70g semolina, 40g fruit)

3–4 years – 140g

(100g. semolina, 40g fruit)

**Ingredients – Serves 5**

**Fresh blackberries** 200g

**Semolina** 25g

**Whole milk** 375ml

**Caster sugar** 20g (1 tablespoon)

**Method**

1. Wash the blackberries. Place in a blender and blend until smooth.

2. Place the semolina and milk in a large pan and bring to the boil.

3 Stir in the sugar; reduce the heat and simmer, stirring continuously until the semolina has thickened.

4. Serve the semolina with a portion of blackberry compote.