We are ready......

**Warm winter fruit salad**

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**Suggested portion**

**Size for recipe**

1–2 years – 40g

3–4 years – 40g

**Ingredients – Serves 5**

**Fresh pear, peeled** 80g (½ medium)

**Fresh orange, peeled** 80g (½ medium)

**Cranberry juice** 50ml

**Ground cinnamon** 1 teaspoon

**Fresh apple, peeled** 80g ((½ medium)

**Banana**  Medium

**Blueberries** 50g

**Method**

1. Core the pear and apple then break the orange into segments. Chop the fruit.

2. Warm the fruit, juice and cinnamon in a large pan on a low heat until the fruit has softened.

3. Add chopped banana and blueberries and serve.